



It's Time to Enroll  
Get to know Your  
VSP Vision Benefits

County of San Mateo

Effective 1/1/2026



# Great Eye Care with a Hefty Side of Savings

Vision Care is Essential



Savings that Really Stack Up



Thousands of In-Network Choices



Founded by Doctors Focused on You



# See Why Eye Care Is Essential to Overall Health and Wellness

Did you know an eye exam is the only non-invasive way to view blood vessels in your body?

Signs of more than 270 health conditions can be detected during an eye exam\*.

Your eye doctor can be the first to detect signs of certain conditions, like diabetes\*\*.

heart disease + **stroke** + cardiovascular + Alzheimer's + hypertension + aneurysm + **diabetes** + **brain tumor** + high blood pressure + cancers of blood, tissue, skin + **high cholesterol** + Lyme disease + multiple sclerosis + lupus + sickle cell disease + stroke + **thyroid disease** + vascular disease + brain tumor + melanoma + squamous cell + **Lymphoma** + **leukemia** + rheumatoid arthritis + giant cell arteritis + **medication toxicities** + myasthenia gravis + sarcoidosis + sjögren's syndrome + **vitamin a deficiency**

270+



# Your Plan Design Today

	Frequency (E/L/F)	Copays	Frame Allowance	Contact Lenses	Covered Lens Enhancements	Essential Medical Eye Care
<b>Voluntary Signature Plan:</b>	12/12/24	\$10 Exam Copay \$10 Materials Copay \$60 ECL	\$150 \$80 @Costco/Walmart/Sam's	\$150	Polycarbonates for Kids Standard Progressives	\$20

VSP® members save an average annual savings of **\$471\***





# Retinal Screening

Digital imaging is key to early detection and intervention

- Images of the inside of the eye
- Baseline documentation of a healthy eye
- Screen for potential disease(s)
- Can be compared year after year to monitor even the most subtle changes in the eyes
- No more than **\$39** copay
- **\$0** copay for members with diabetes

# Essential Medical Eye Care

- Fully covered retinal screening for members with diabetes.
- Exams and services to treat immediate issues like pink eye and sudden changes in vision.
- Treatment options to monitor ongoing conditions such as dry eye, diabetic eye disease, glaucoma, and more.
- \$20 per exam for additional exams and services.



*“My husband burned his eyes welding, and without this benefit we would have had to pay out of pocket or waited days to get prior authorization from his health insurance.”*



# Exclusive Member Extras

## Glasses & Sunglasses



## LASIK



## Contacts

## Health & Wellness

## Hearing Health



## Money & Life Management

## Leisure & Lifestyle



\*Exclusive Member Extras are only available through VSP network doctors or participating partners. Some offers may only be available to VSP members with applicable plan benefits. Promotions are evaluated regularly and are subject to change. VSP shall have no liability whatsoever for the services or products or the discounts that may be offered by third parties. These third-party offers are void where prohibited.  
 Classification: Confidential

# Savings On Hearing Aids

Like vision loss, hearing loss can have a huge impact on your quality of life. TruHearing® makes hearing aids affordable by providing exclusive savings to all VSP Vision Care members.

**As a VSP member, you can save up to 60% on a pair of hearing aids with TruHearing.** Your dependents and even extended family members are eligible, too.

Learn more about this VSP Exclusive Member Extra at [truhearing.com/vsp](https://truhearing.com/vsp).

# TruHearing™

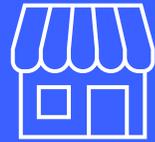


# The Choice is Yours

It's easy to choose the care that's right for you.



Private Practice  
locations



Retail  
locations



Online at  
Eyeconic®

VSP gives you thousands of in-network choices, including private practice doctors, regional and national optical chains, or Eyeconic, the VSP preferred online eyewear store.

Participating  
Retail Chains like  
these –  
and more

**Walmart**

sam's club 

**COSTCO**  
OPTICAL

**Rxoptical**  
The people who care for your eyes.

Clarkson  
Eyecare   
DOCTORS · GLASSES · CONTACTS · LASIK

COHEN'S  
Fashion Optical

vsp  
**PREMIER**  
edge

Get more  
in network

private  
practice  
doctors

**Visionworks**

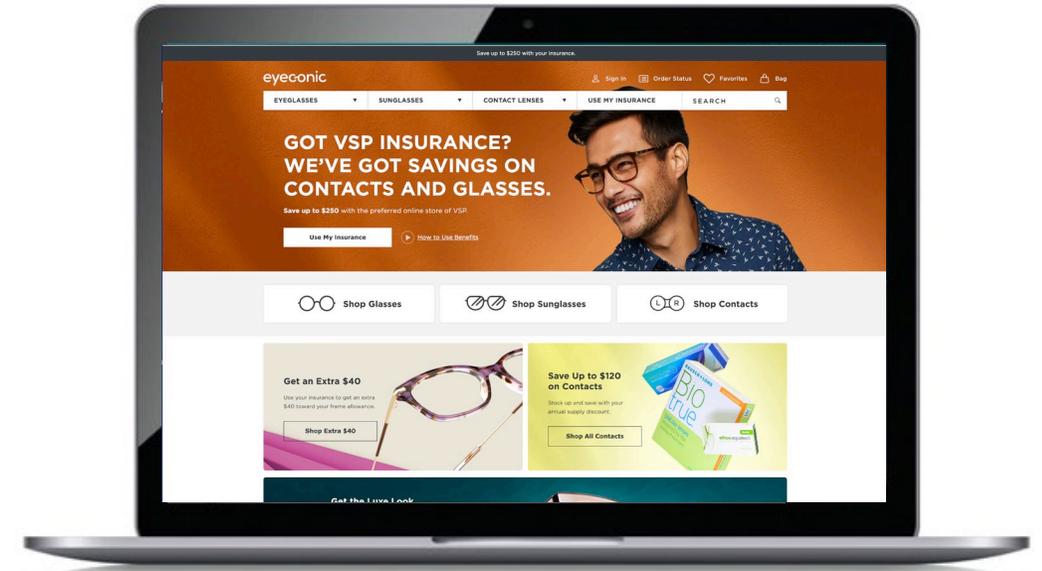
**EYEMART  
EXPRESS**  
FAMILY OF STORES

# Eyewear Shopping Online at Eyeconic®

Eyeconic® is the in-network, online eyewear store for VSP® members. *You'll get:*

- Over 60 brands of glasses, contacts, and sunglasses
- Virtual Try-On
- Free shipping and returns\*
- Get 20% off eyewear just for being a VSP member
- Specialty sizes that fit your needs

Find your product, customize your order, and we do the rest. Start saving at [eyeconic.com](https://eyeconic.com) today.



**eyeconic**

a vsp vision company

\*Terms and conditions apply. Visit [eyeconic.com/faqs](https://eyeconic.com/faqs) for more details

# The Right Doctor for You

## Using the Find a Doctor tool on [vsp.com](https://www.vsp.com) is easy

Visit [vsp.com/eye-doctor](https://www.vsp.com/eye-doctor)  
(or navigate from [vsp.com](https://www.vsp.com) home page)

Enter the preferences that are meaningful to you like:

- Location
- Gender
- Language
- Frame brands
- Specialty
- Services
- Hours & Scheduling

The screenshot shows the 'Find an Eye Doctor' search tool on the VSP website. The interface includes a navigation bar with 'FIND A DOCTOR' highlighted, and a main heading 'Find an Eye Doctor' with a sub-heading 'To ensure you see an in-network eye doctor for your plan, Create an Account or Log In before you search. You'll get more and save more in-network!'. Below this is a search filter section with 'EDIT SEARCH +' and 'CLEAR FILTERS' options. The filters are organized into two rows of dropdown menus: 'Doctor Network Choice' (with a link to 'about doctor network'), 'Type of Doctor', 'Products' (with a link to 'about products'), 'Services' (with a link to 'about services'), 'Frame Brands', 'Hours & Scheduling', 'Gender', and 'Language'. A 'Distance (in miles)' slider is positioned below the filters, with markers at 5, 10, 25, 50, and 100 miles. An 'Apply Filters' button is located at the bottom right of the filter section.

A sliding distance bar makes finding a match nearby easy. You can even opt to view locations on a map.

# Using Your Benefit is Easy

## Once you've enrolled...

1. Create an account at **vsp.com** and review your personalized benefit information
2. Find a VSP in-network doctor by visiting your member account, going to **vsp.com** or calling **800.877.7195**
3. Simply tell your eye doctor's office that you have VSP—and we'll take care of the rest



A smiling woman with short dark hair, wearing a white sleeveless dress with a vibrant floral pattern of pink, orange, and red flowers, stands in a field of dry grass and shrubs. In the background, there are rolling hills and mountains under a clear sky.

Visit [vsp.com](https://vsp.com) today to see how  
VSP helps you prioritize your health  
and your budget.

Visit [vsp.com](https://vsp.com) or call **800.877.7195**