

The Sutter Health Network

Our network includes hospitals, doctors and clinicians, care centers, surgery centers, walk-in care and urgent care locations, home health and hospice programs, medical research facilities and specialty services across Northern California counties.

sutteremployer.org | employerprogram@sutterhealth.org

Your Care Starts Here

It's important to choose a doctor who understands your unique healthcare needs and takes the time to get to know you and your health goals. The doctors and clinicians at Sutter are here to help you every step of the way. From small questions to big decisions, we're here when and where you need us.

We offer conveniently located care centers and facilities in or near your community. This includes access to experienced primary care doctors, specialists, labs and diagnostic imaging centers, Sutter Walk-In Care, urgent care centers, hospitals and other healthcare services.



Care Centers

In many communities, Sutter's medical foundations offer outpatient care centers that provide a wide variety of services - all under one roof. Services available may include:

- Primary care
- Lab
- Urgent care

- Specialty care
- Imaging

To find a care center near you, visit sutterhealth.org/find-location.

Your primary care physician (PCP) is your healthcare advocate providing or coordinating most of your care. Sometimes unexpected healthcare needs arise when your doctor isn't immediately available. Sutter has you covered with access to same-day care.

Video Visits

With My Health Online, you can schedule a video visit when it's convenient for you. Connect with your PCP or a Sutter Walk-In Care clinician for many healthcare needs, from routine care to complex health issues.

- Video visits with a PCP are available to patients ages three-months and older. Check with your PCP for availability and hours.
- All patients ages 18 months and older have access to video visits daily from 11 a.m. to 7 p.m. with a Sutter clinician.

For more information, visit sutterhealth.org/video-visits.

Sutter Walk-In Care

Sutter Walk-In Care offers same-day visits for simple, everyday health needs, including:

- Booster shots, immunizations and wellness screenings
- Minor injuries such as cuts, burns, sprains, and muscle strains
- Allergies, ear and sinus infections
- Sports and pre-employment physicals

Colds and flu

To find a Sutter Walk-In Care location near you, visit sutterhealth.org/walk-in.

Urgent Care

You have convenient access to urgent care services, offering timely care for unforeseen illnesses or injuries requiring immediate attention, including:

- Mild to moderate asthma attacks
 Moderate illnesses such as
- Moderate injuries such as burns, breaks and lacerations
- vomiting, fever and diarrhea

For a list of urgent care centers near you, visit sutterhealth.org/urgentcare.

Hospital Care

You have access to a comprehensive network of hospitals providing 24/7 emergency care and a variety of outpatient and acute care services, including:

- Cancer
- Neurosurgery
- Surgical

Cardiology

Neonatal

- OB/GYN
- Pediatric

- - Orthopedic
- Rehabilitation Trauma
- For a list of hospitals near you, visit sutterhealth.org/find-location.

Sutter Health Bay Area

Sutter's Medical Foundations* and Affiliated Medical Groups

Palo Alto Medical Foundation

• Palo Alto Foundation Medical Group Serving Alameda, Contra Costa, Monterey, San Mateo, Santa Clara, and Santa Cruz counties

Sutter East Bay Medical Foundation

- Sutter East Bay Medical Group Serving Alameda and Contra Costa counties
- Sutter Pacific Medical Foundation
- Sutter Medical Group of the Redwoods
- Sutter West Bay Medical Group

Serving Marin, San Francisco and Sonoma counties

Hospitals

Alta Bates Summit Medical Center

- Alta Bates Campus
- Herrick Campus
- Summit Campus

California Pacific Medical Center

- Davies Campus
- Mission Bernal Campus and Orthopedic Institute
- Van Ness Campus

Eden Medical Center Mills-Peninsula Medical Center Novato Community Hospital Sutter Coast Hospital Sutter Delta Medical Center Sutter Lakeside Hospital Sutter Maternity & Surgery Center of Santa Cruz Sutter Santa Rosa Regional Hospital

OREGON

Del Norte

Sutter Health Valley Area

Sutter's Medical Foundations* and Affiliated Medical Groups

Sutter Gould Medical Foundation

Gould Medical Group
Serving San Joaquin and Stanislaus counties

Sutter Medical Foundation

- Sutter Medical Group
- Sutter North Medical Group

Serving Amador, El Dorado, Nevada, Placer, Sacramento, Solano, Sutter, Yolo, and Yuba counties

Hospitals

Memorial Hospital Los Banos Memorial Medical Center Sutter Amador Hospital Sutter Auburn Faith Hospital Sutter Center for Psychiatry Sutter Davis Hospital Sutter Medical Center, Sacramento Sutter Roseville Medical Center Sutter Solano Medical Center Sutter Surgical Hospital North Valley Sutter Tracy Community Hospital



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Marin

San Francisco

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Sonoma

Lake

E.

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San Mateo

Santa Cruz

Napa

Contra Cos

Alameda

Santa

Clara

Monterey

* There are no Sutter medical foundation offices in Del Norte, Lake, Merced, and Napa counties. Patients can access care through independent community providers.

Online Tools

Find a Doctor

Use our search tool to find a Sutter doctor who's right for you. You can search by specialty, location, gender, and more. Visit sutterhealth.org/find-doctor.



My Health Online

With My Health Online^{*} (MHO), you can stay connected with your doctors and access your medical records, anytime, anywhere. You can:

- Book a video visit
- Message your care team
- ✓ Make an appointment
- Sign up for text reminders
- Sign up for Fast Pass
- Renew prescriptions
- ✓ View lab and most test results

- Opdate your health history
- Pay bills and copays online
- Complete eZ arrival for contactless check-in
- View your hospital stay through Bedside Mobile
- Invite family or caregivers for proxy access

Text Reminders, Fast Pass and Contactless Check-in

You can set a communication preference to receive automated appointment reminders. This service allows you to either confirm your appointment, or acknowledge in advance if you need to reschedule. Additionally, with Fast Pass, you may receive earlier appointment opportunities by SMS text message. With contactless check-in, you may be able to skip the front desk with participating Sutter clinicians by completing the eZ arrival in the MHO app.

Care Companion-Healthy Pregnancy

If you are pregnant and seeing a maternity care provider who participates in MHO, you have access to an interactive care plan called Care Companion-Healthy Pregnancy. This feature designed for low-risk pregnancies offers a personalized care plan that guides you through your pregnancy journey. For information, please visit *sutterhealth.org/healthypregnancy*.

The My Health Online App is powered by MyChart® licensed from Epic Systems Corporation, ©1999–2023.



^{*} You have access to view lab and test results from Sutter facilities, schedule Sutter Walk-In Care, urgent care or video visits, and other MHO features. If your PCP does not participate in MHO, you cannot schedule an appointment or message your PCP through MHO.