

County of San Mateo

Effective Date: 01-01-2024 Aetna Value Network HMO

PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK

PLAN FEATURES IN-NETWORK DESIGNATED PROVIDERS

Benefit Limitations - For any service or supply that is subject to a maximum visit, day, or dollar limitation on a per vear basis, the benefit year begins on January 1st unless otherwise mandated. Refer to your plan documents for more information.

Deductible (per calendar year) Individual = None Family = None **Out-of-Pocket Maximum** \$1,000 Individual \$3,000 Family (per calendar year)

In-Network expenses include coinsurance/copays and deductibles.

Pharmacy expenses apply towards the Out-of-Pocket-Maximum.

The family Out-of-Pocket Maximum is a cumulative Out-of-Pocket Maximum for all family members. The family Out-of-Pocket Maximum can be met by a combination of family members; however, no single individual within the family will be subject to more than the individual Out-of-Pocket Maximum amount

Lifetime Maximum	Unlimited except where otherwise indicated.	
Primary Care Physician Selection	Required	
Referral Requirement	Required	

Network Designations- In order to be covered at the preferred in-network benefit level you must use a designated provider for care. If you receive care from a non-designated provider your care may not be covered.

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PREVENTIVE CARE	IN-NETWORK DESIGNATED PROVIDERS
Routine Adult Physical Exams/	Covered 100%
Immunizations	
1 exam per 12 months for members ago	e 22 and older.
Routine Well Child Exams	Covered 100%
(Age and frequency schedules apply)	
Childhood Immunizations	Covered 100%
Routine Gynecological Care	Covered 100%
France	

Exams

1 exam per 12 months

Includes Pap smear, HPV screening, and related lab fees.

Routine Mammograms Covered 100%

Recommended: One baseline mammogram for females age 35 - 39; and one annual mammogram for females age 40 and over.

Women's Health Covered 100%

Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling.

Contraceptive methods, sterilization procedures, patient education and counseling. Limitations may apply.

Routine Digital Rectal Exams / Covered 100% **Prostate Specific Antigen Test**

Recommended for males age 40 and over.

Covered 100% **Colorectal Cancer Screening** Recommended: For all members age 45 and over.

Frequency schedule applies.

Routine Eye Exams	Not Covered
Routine Hearing Screening	Covered 100%
Audiometric Hearing Exams	Not Covered



Other Mental Health Services

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PHYSICIAN SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Primary Care Physician Visits	\$15 office visit copay
Includes services of an internist, genera	l physician, family practitioner or pediatrician.
Specialist Office Visits	\$15 office visit copay
Pre-Natal Maternity	Covered 100%
Walk-in Clinics	\$15 copay
	Designated Walk-in Clinics
	Covered 100%
Walk-in Clinics are free-standing health	care facilities that (a) may be located in or with a pharmacy, drug store,
	p) provide limited medical care and services on a scheduled or unscheduled
basis. Urgent care centers, emergency	rooms, the outpatient department of a hospital, ambulatory surgical centers,
and physician offices are not considered	to be Walk-in Clinics.
Allergy Testing	Your cost sharing is based on the type of service and where it is performed
Allergy Injections	Your cost sharing is based on the type of service and where it is performed.
	Covered 100% when an office visit charge is not applicable.
DIAGNOSTIC PROCEDURES	IN-NETWORK DESIGNATED PROVIDERS
Diagnostic Laboratory/X-ray	Covered 100%
If performed as a part of a physician offi	ce visit and billed by the physician, expenses are covered subject to the
applicable physician's office visit member	er cost sharing.
Diagnostic X-ray for Complex	Covered 100%
Imaging Services	
If performed as a part of a physician offi	ce visit and billed by the physician, expenses are covered subject to the
applicable physician's office visit member	er cost sharing.
EMERGENCY MEDICAL CARE	IN-NETWORK DESIGNATED PROVIDERS
Urgent Care Provider	\$15 office visit copay
Non-Urgent Use of Urgent Care	Not Covered
Provider	
Emergency Room	\$100 copay
Copay waived if admitted	
Non-Emergency Care in an	Not Covered
Emergency Room	
Emergency Use of Ambulance	\$100 copay
Non-Emergency Use of Ambulance	Not Covered
HOSPITAL CARE	IN-NETWORK DESIGNATED PROVIDERS
Inpatient Hospital	\$100 copay
	benefits incurred during your inpatient stay.
Inpatient Maternity Coverage	\$15 for Physician Maternity Services; \$100 copay for Facility Services
(includes delivery and postpartum	
care)	
	benefits incurred during your inpatient stay.
Outpatient Hospital	Covered 100%
	\$50 copay – Surgery fee
	benefits incurred during your outpatient visit.
MENTAL HEALTH SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Mental Health Inpatient	\$100 copay
Your cost sharing applies to all covered	benefits incurred during your inpatient stay.
Mental Health Office Visits	\$15 copay
Your cost sharing applies to all covered	benefits incurred during your outpatient visit.
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Covered 100%



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SUBSTANCE ABUSE	IN-NETWORK DESIGNATED PROVIDERS
npatient	\$100 copay
	d benefits incurred during your inpatient stay.
Residential Treatment Facility	\$100 copay
Substance Abuse Office Visits	\$15 copay
Your cost sharing applies to all covered	d benefits incurred during your outpatient visit.
Other Substance Abuse Services	Covered 100%
OTHER SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Skilled Nursing Facility	Covered 100%
_imited to 100 days per year	
Your cost sharing applies to all covered	d benefits incurred during your inpatient stay.
Home Health Care	Covered 100%
imited to 120 visits per year	
_imited to 3 intermittent visits per day b	y a participating home health care agency; 1 visit equals a period of 4 hrs. or
ess.	
Hospice Care - Inpatient	Covered 100%
Your cost sharing applies to all covered	benefits incurred during your inpatient stay.
Hospice Care - Outpatient	Covered 100%
Your cost sharing applies to all covered	benefits incurred during your outpatient visit.
Outpatient Short-Term	\$15 copay
Rehabilitation	
ncludes speech, physical, occupationa	ıl therapy
Spinal Manipulation Therapy	\$10 copay
Limited to 30 visits per year	
Direct access to participating providers	without a referral.
Habilitative Physical Therapy	Refer to MBH Outpatient Mental Health All Other
Habilitative Occupational Therapy	Refer to MBH Outpatient Mental Health All Other
Habilitative Speech Therapy	Refer to MBH Outpatient Mental Health All Other
Autism Behavioral Therapy	Refer to MBH Outpatient Mental Health
Covered same as any other Outpatient	
Autism Applied Behavior Analysis	Refer to MBH Outpatient Mental Health Other Services
Covered same as any other Outpatient	
Autism Physical Therapy	Refer to MBH Outpatient Mental Health All Other
Autism Occupational Therapy	Refer to MBH Outpatient Mental Health All Other
Autism Speech Therapy	Refer to MBH Outpatient Mental Health All Other
Durable Medical Equipment	Covered 100%
Prosthetics	Covered 100%
Orthotics	Covered 100%
Orthotics and special footwear covered	
Diabetic Supplies	Pharmacy cost sharing applies if Pharmacy coverage is included; otherwise
	PCP office visit cost sharing applies.
Women's Contraceptive drugs and	Covered 100%
devices not obtainable at a	O010100 10070
actives five obtainable at a	



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Affordable Care Act Mandated	Covered 100%
Women's Contraceptives	
Infusion Therapy	\$15 copay
Administered in the home or	
physician's office	
Infusion Therapy	Your cost sharing is based on the type of service and where it is performed
Administered in an outpatient hospital	
department or freestanding facility	
Transplants	\$100 copay
	Preferred coverage is provided at an IOE contracted facility only.
Bariatric Surgery	\$100 copay
	d benefits incurred during your inpatient stay.
Acupuncture	\$10 copay
Limited to 30 visits per year	
FAMILY PLANNING	IN-NETWORK DESIGNATED PROVIDERS
Infertility Treatment	Your cost sharing is based on the type of service and where it is performed
Diagnosis and treatment of the underly	
Fertility Preservation	Your cost sharing is based on the type of service and where it is performed
Includes coverage for cryopreservation	
	y occur as a result of certain types of medical treatment
Comprehensive Infertility Services	Not Covered
Artificial insemination and ovulation inc	
Advanced Reproductive	Not Covered
Technology (ART)	
	llopian transfer (ZIFT), gamete intrafallopian transfer (GIFT), cryopreserved
	rm injection (ICSI), or ovum microsurgery
Vasectomy	Your cost sharing is based on the type of service and where it is performed
Tubal Ligation	Covered 100%
PRESCRIPTION DRUG BENEFITS	IN-NETWORK
Pharmacy Plan Type	Advanced Control Plan - Aetna
Value Drugs Tier 1A	0
Retail	Covered 100%
Mail Order	Covered 100%
Preferred Generic Drugs	\$15 conov
Retail	\$15 copay
Mail Order	\$30 copay
Preferred Brand-Name Drugs	#25 consv
Retail	\$25 copay
	\$50 copay
Non-Preferred Generic and Brand-N Retail	she brugs \$40 copay
Mail Order	\$80 copay
Specialty Drugs	φου συραγ
Preferred Specialty	20% up to Max. \$200 copay
Non-Preferred Specialty	20% up to Max. \$200 copay 20% up to Max. \$200 copay
Non-Preferred Specialty	20 /0 up to iviax. φ200 copay

Choose Generics with Dispense as Written (DAW) override – The member pays the applicable copay. If the physician requires brand-name, member will pay brand-name copay. If the member requests brand-name when a generic is available, the member pays the applicable copay plus the difference between the generic price and the brand price.



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Pharmacy Day Supply and Requirements

Retail 1x retail copay for 30-day supply, 2x retail copay for 31–60-day supply, and

3x retail copay for 61–90-day supply from Aetna National Network.

Mail Order A 31–90-day supply from CVS Caremark® Mail Service Pharmacy Specialty Up to a 30-day supply

All prescription fills must be through our preferred specialty pharmacy

network.

Advanced Control Formulary Aetna Insured List

Plan Includes: Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy.

Contraceptives covered up to a 12-month supply. Contraceptive copay strategy applies.

Includes sexual dysfunction drugs for females and males, including daily dose, additional 6 tablets a month for males for erectile dysfunction.

A limited list of over-the-counter medications are covered when filled with a prescription.

Oral chemotherapy drugs covered 100%

Precertification and quantity limits included

Step Therapy included

Seasonal Vaccinations covered 100% in-network

Preventive Vaccinations covered 100% in-network

One transition fill allowed within 90 days of member's effective date

Affordable Care Act mandated female contraceptives and preventive medications covered 100% in-network.

GENERAL PROVISIONS

Dependents Eligibility

Spouse, children from birth to age 26 regardless of student status.

Exclusions and Limitations

Health benefits and health insurance plans are offered and/or underwritten by Aetna Health of California Inc. Each insurer has sole financial responsibility for its own products.

This material is for information only. Health benefits plans contain exclusions and limitations.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage. Plan features and availability may vary by location and are subject to change.

You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- · Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental x-rays.
- · Donor egg retrieval.
- Durable medical equipment.
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- · Hearing aids.



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- Home births.
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- · Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- · Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise, or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

If you require language assistance, please call the Member Services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862 (140 languages are available. You must ask for an interpreter). TDD 1-800-628-3323 (hearing impaired only).

Si requiere la asistencia de un representante que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862 (140 idiomas disponibles. Debe pedir un intérprete). TDD-1-800-628-3323 (sólo para las personas con impedimentos auditivos).

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **www.aetna.com**. While this material is believed to be accurate as of the production date, it is subject to change.

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

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